

# Breakout Groups: Writing a Haiku



# Haiku rules

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Traditional Japanese poem – consists of 3 lines

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1st line : 5 syllables

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2nd line: 7 syllables

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3rd line: 5 syllables

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Does not need to rhyme

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Paint a mental picture in your reader's mind.

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Usually written in present tense

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Last line usually most impactful

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# How to write a haiku:

- Step 1: Brainstorm idea
  - Pick topic of interest
  - Brainstorm words that associates with this topic
    - This would be your word bank for your haiku
- Step 2: Format your haiku
  - 1st line : 5 syllables
  - 2nd line: 7 syllables
  - 3rd line: 5 syllables

# Sample haiku

Ex: topic Dementia

"Doc, its getting worse."  
His daughter sobs in my arms.  
"He forgot my name."  
-Herbert Rosenbaum, MD

# Breakout group Agenda:

- Take 5 minutes to write your own haiku.
- 5 minutes: Please share your haiku if prepared before session.
- 5 minutes for reflections.