

Senior Medicine Outpatient Clinic					
	Monday 3/21	Tuesday 3/22	Wednesday 3/23	Thursday 3/24	Friday 3/25
AM	Age-Friendly Health System / 4Ms Independent Review (page 3)	Senior Medicine Outpatient Clinic w/Dr. Gupta	Senior Medicine Outpatient Clinic w/Dr. Gonzalez	Senior Medicine Outpatient Clinic w/Dr. Nguyen	FM – On Call
PM	FM Clinic	Senior Medicine Outpatient Clinic w/Dr. Nguyen	FM Didactics	Senior Emergency Care Unit (SECU) w/GENIE nurse David Flores	
Geriatric Psychiatry and Dementia Care (SBH)					
	Monday 3/28	Tuesday 3/29	Wednesday 3/30	Thursday 3/31	Friday 4/1
AM	FM Clinic	Senior Behavioral Health 7 <sup>th</sup> floor – Hillcrest (locked facility) w/Dr. Neel	Memory Clinic w/Dr. Neel ECOB 1 <sup>st</sup> Floor La Jolla	Senior Behavioral Health w/Dr. Neel	FM – On Call
PM			FM Didactics		
Home Care					
	Monday 4/4	Tuesday 4/5	Wednesday 4/6	Thursday 4/7	Friday 4/8
AM	FM Clinic	VA Home-Based Primary Care (HBPC) IDT Mtg. (Old Town) @ 7:30am	VA HBPC w/Dr. Richard Nguyen	VA HBPC w/Dr. Veronica Gonzalez	Trauma Consult Service – Hillcrest w/Dr. Templeman 8:30am
PM		GG&PC Grand Rounds 12-1pm VA HBPC w/Dr. Richard Nguyen	FM Didactics		FM Clinic
Inpatient Sub-Acute and Skilled Nursing Care					
	Monday 4/11	Tuesday 4/12	Wednesday 4/13	Thursday 4/14	Friday 4/15
AM	FM Clinic	VA Community Living Center (CLC/4 South)	VA Community Living Center (CLC/4 South)	OUT	BOARD EXAM
PM			FM Didactics		FM Clinic

**SENIOR MEDICINE OUTPATIENT CLINIC**

New Clinic Location: 8899 University Center Lane, Suite 400 ("Coast" Pod), La Jolla, 92122

Ph: (858) 249-2500

<https://health.ucsd.edu/specialties/primary-care/pages/geriatrics.aspx>

Please note that there is a fee to park in the parking lot for this clinic. Please pull a ticket and park in the garage. Once you come to the clinic, the staff will direct you further for validation.

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**SENIOR BEHAVIORAL HEALTH (w/ Dr. Ian Neel - [ineel@health.ucsd.edu](mailto:ineel@health.ucsd.edu))**

UCSD Hillcrest Medical Center (7<sup>th</sup> floor – locked facility)

Ph: (619) 543-3741 (reception); (619) 543-7505 (nurses' station)

Start Time: 8am

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**HOME CARE: VA HOME-BASED PRIMARY CARE PROGRAM**

Main Location: The Aspire Center – Old Town, 2121 San Diego Avenue, SD 92110

Attending Physicians: Dr. Richard Nguyen ([Richard.nguyen2@va.gov](mailto:Richard.nguyen2@va.gov)) and Dr. Veronica Gonzalez ([vgonzalez@health.ucsd.edu](mailto:vgonzalez@health.ucsd.edu))

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**SENIOR EMERGENCY CARE UNIT (SECU) – La Jolla**

Contact: GENIE Nurse David Flores: [daflores@health.ucsd.edu](mailto:daflores@health.ucsd.edu); Cell: 619-484-1957

To connect with David, please call his cell number.

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**MEMORY CLINIC (w/ Dr. Ian Neel - [ineel@health.ucsd.edu](mailto:ineel@health.ucsd.edu))**

ECOB 1<sup>st</sup> Floor 9444 Med Center Drive, La Jolla

<https://health.ucsd.edu/specialties/neuro/specialty-programs/memory-disorders-clinic/Pages/default.aspx>

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**GERIATRICS TRAUMA CONSULTS – UCSD Medical Center Hillcrest**

(w/ Dr. James Templeman: (cell: 323-385-1190; [jtempleman@health.ucsd.edu](mailto:jtempleman@health.ucsd.edu)))

To connect with Dr. Templeman, please meet him at the MPF building in the basement (diagonally across the street from the back entrance of the hospital on Dickinson St) and text his cell.

**Useful Resources:**

Overall & Age-Friendly Health System:

- The National Age-Friendly Health System Initiative: <http://www.ihl.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx>
- UC San Diego Geriatrics Education Portal: <https://knit.ucsd.edu/gerieducation/>
- The American Geriatrics Society: <http://www.americangeriatrics.org/>
- AFP Geriatric Assessment: <https://www.aafp.org/afp/2018/0615/p776.html>
- GeriKit App (read more at: <https://aginghearts.org/2020/12/28/introducing-gerikit-a-geriatric-assessment-toolkit/> )
- Aging and Disability Resource Center <http://www.adrc-tae.acl.gov/tiki-index.php?page=HomePageGeriatric>
- AMA Guide to Counseling Older Drivers: <http://www.nhtsa.gov/people/injury/olddrive/OlderDriversBook/index.html>
- Practicing Physician Education in Geriatrics: <http://www.gericareonline.net/>
- E-Prognosis: <http://eprognosis.ucsf.edu/index.php>

What Matters:

- Patient Priorities Care (Current Care Planning for patients): [www.patientprioritiescare.org](http://www.patientprioritiescare.org)
- Advance Care Planning: [www.prepareforyourcare.org](http://www.prepareforyourcare.org)

Alzheimer's Disease:

- Champions for Health and the local Alzheimer's Project Initiative: <https://championsforhealth.org/alzheimers/>
- National Institute on Aging: Alzheimer's Resources: <https://www.nia.nih.gov/alzheimers>
- Alzheimers.gov: <https://www.alzheimers.gov/>
- Healthy Brain Initiative: <https://www.cdc.gov/aging/healthybrain/roadmap.htm>
- [Alzheimer's San Diego](#)
- [Alzheimer's Association](#)
- [George G. Glenner Alzheimer's Family Centers](#)
- [Southern Caregiver Resource Center](#)

Medication Use:

- [AGS Beers Criteria®](#)
- [STOPP/START Criteria](#)
- [Medication Appropriateness Index](#)
- [Opioid Risk Tool](#)
- [Screener and Opioid Assessment for Patients with Pain- Revised \(SOAPP®-R\)](#)
- [Deprescribing.org](#)
  - [Deprescribing information pamphlets](#)
  - [Deprescribing guidelines and algorithms](#)
- [MedStopper](#)
- [Prescribing information \(drug product monographs\)](#)

Mobility:

- <https://www.cdc.gov/steady>